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MONTHLY NEWSLETTER

**American Joe**  
*Pueblo's Professional Handyman*  
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## Falling Temps



By Joseph Prescia

### Gutters

When the seasons change so does the need for home maintenance. As gutters clog with leaves, rainwater can rise in your gutter and damage the fascia and soffit next to it. A clean gutter and downspout means that water can flow freely where it was designed to flow. Water is less likely to freeze in the gutter or remain near cracks and drip below where it can cause a tripping hazard.



### Furnace Filters

The cheaper the filter, the more dust that is allowed to go through it because the filter fibers are further apart. A medium to high quality filter can protect your furnace better by trapping more dust and debris. It is amazing how much a good filter can trap. A good furnace filter will need to be changed monthly.



### Tree Planting

The Fall is a great time to plant a new tree. I personally enjoy planting a new fruit tree every fall. My collection has grown to peaches, cherries, pear, apples and plum. The cooler weather is less shocking on the tree rather than trying to transplant in the heat of the summer. Adding compost at planting time encourages growth. Remember to keep it watered, especially during dry winter months.



## QUESTIONS OF THE MONTH



1. Does a cheap furnace filter trap more dust or less dust? Why?
2. Can lots of leaves in your gutter promote water damage? How?
3. Is it OK to add compost when planting a new tree?

To get the answers to these simply read the article to your right, "Falling Temps."

## Controlling Anger



By O. S Marden

No one can expect to accomplish anything very great when he is not king of himself. The lack of self-control has ruined multitudes with high ambition, rare ability and great education, those of immense promise in every way. Ask the wretched victims in our penitentiaries what a hot temper has cost them. How many of these unfortunates have lost their liberty or life through a fit of hot temper which may have lasted but a minute!

We all know how hard it is to control our feelings and our words when the blood flows hot through the frenzied brain, but we also know how

dangerous, how fatal it is to become slaves to temper. It not only ruins the disposition and cripples efficiency, but it is also very humiliating; for a person who cannot control their own acts has to acknowledge that they are not their own master.

The person who has learned the secret of right thinking and self-control knows just as well how to protect themselves from their mental enemies as their physical ones. That person knows that when the brain is on fire with passion, it will not do to add more fuel by storming and raging, but will quietly apply an antidote which will put out the fire-the serenity thought, the thought of peace, quiet and harmony.

When you see a person whose inflammable passion is just ready to explode, and you know that he is just ready to explode, and you know that he is doing his best to hold himself down, why not help him, instead of throwing on more inflammable material.

To feel that you are always, not sometimes, master of yourself gives a dignity and strength to character, as nothing else can.

