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Hail Damage?



By Joseph Prescia

American Joe

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QUESTIONS OF THE MONTH

1. Why call a roofer BEFORE your insurance company?
2. Should you call in a claim worth less than your deductible?
3. If someone says something that ticks you off, what technique can help you?

To get the answers to these simply read the articles to your right, "Hail Damage" and "Brain Damage."

Before you file a claim with your insurance company you may want to call a roofer before hand. Why? This way you can be sure if you have hail damage; otherwise your insurance company may call it "an official claim" against you even if you don't have hail damage.

High Enough Claim?

It does not make sense to file a claim unless there is substantial \$ damage above your deductible. If you have drywall damage an estimate can help you.

A good roofer or handyman service can assist you in this at no charge.

Recommended Roofer:

"Property Matters"

(719) 248-3180

Scott Widick

(Locally owned and operated)

Recommended Handyman:

"American Joe"

(719) 671-8015

Joseph Prescia

(Locally owned and operated)

Brain Damage?



By Joseph Prescia

Brain Damage?

We may think at times that those who disagree with our philosophy are brain-dead. And there may be some merit in concluding that, but what is most damaging is how we respond internally. Do we allow that disagreeable person to get us so emotionally upset that we are not peaceful? Do we allow another's philosophy to eat away at our core belief until we are so angry that we want to punch something? If so, there's hope. No, I'm not talking about hope in that the other person will change. I'm talking about hope in that we can change internally.

We simply find the core "button" that is being pushed. Identify that is a major step in healing. No one "makes" us feel a certain way. We decide, by our freewill, to react emotionally, negatively or positively, based upon our core belief system. If someone called you purple would you get mad at them? No, because you don't identify with "purple." It doesn't upset you. What if someone called you lazy, or insensitive? Would you identify with that? If so, then something in your core belief system is matching that accusation. So, by your freewill, you can replace the emotional hot button with something peaceful like,

"I know that I get lazy in certain situations but I am getting better at being more persistent day by day."

I used to get upset when someone would drive very slow in front of me. I took it as if they were doing it on purpose to tick me off. I had to replace my internal "hot button" of "doing it on purpose" with "they are doing the best that they can." Then I was able to let it go. I paid a professional mentor good money to learn that one technique. You just got it for free.



- Plumbing Repair
- Carpentry Repair
- Drywall Repair
- Lawn Sprinklers
- Ceramic Tile
- Emergency Repairs

Pueblo's Professional Handyman!

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